"A Paradigm Shift on "Nos(e)" ocomial Infections"

CE Provider: Dept. for Behavior Health, Developmental and Intellectual Disabilities

KBN Provider Number: 5-0051-0126-513

Protect All Patients: A Paradigm Shift Focusing on the Impact of the Nose on Infections

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Disclosures

Consultant: ECRI

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Session Goal and Learning Objectives

Session Goal

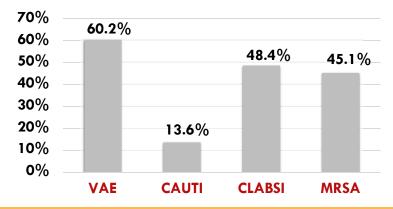
Present the scientific rationale for a paradigm shift on how universal nasal decolonization can improve HAI patient outcomes, be cost effective, and improve staff efficiency and throughput.

Objectives

- 1. Discuss the role of the nose on colonization pressure, transmission, and infection.
- 2. Review past, current, and emerging strategies to combat HAIs.
- 3. Describe how universal nasal decolonization strategies have reduced HAIs.

Urgent Need to Respond to Increased HAIs

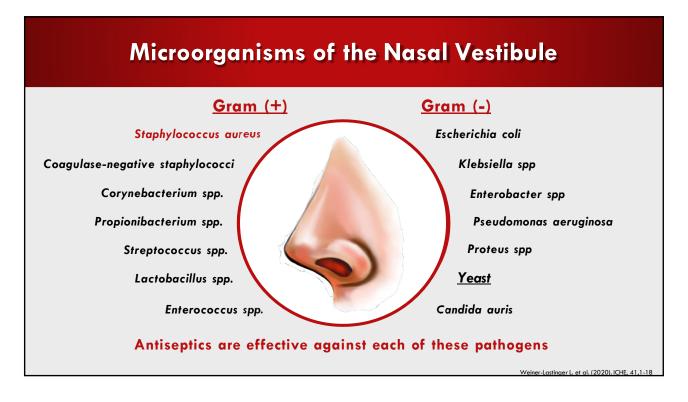


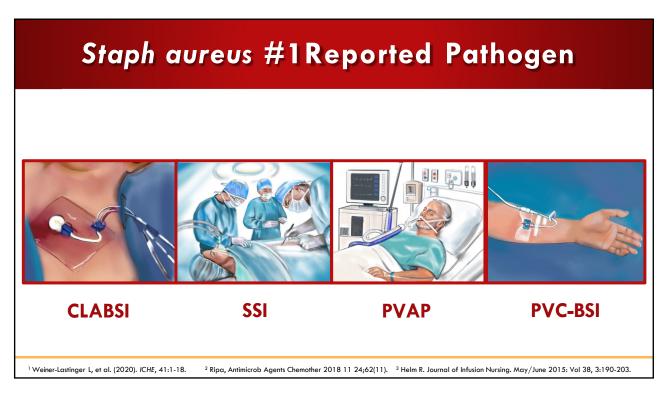


Lastinger, L., et al. Infection Control & Hospital Epidemiology, 1-5. doi:10.1017/ice.2022.116

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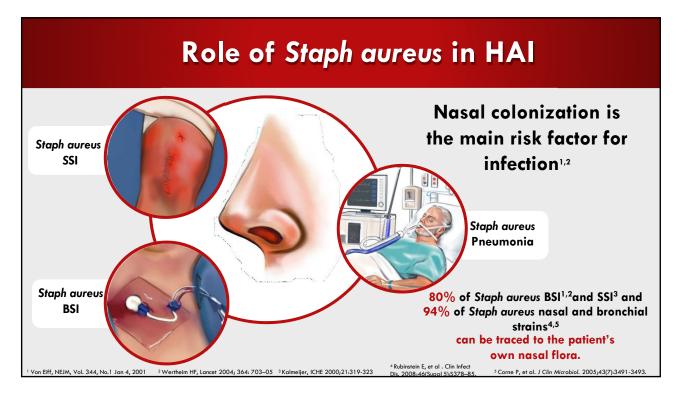
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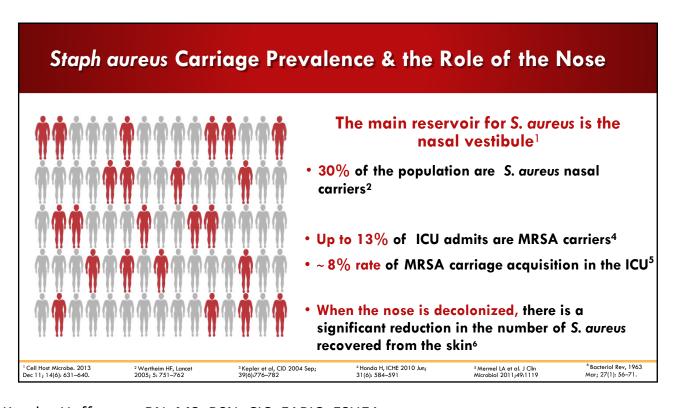




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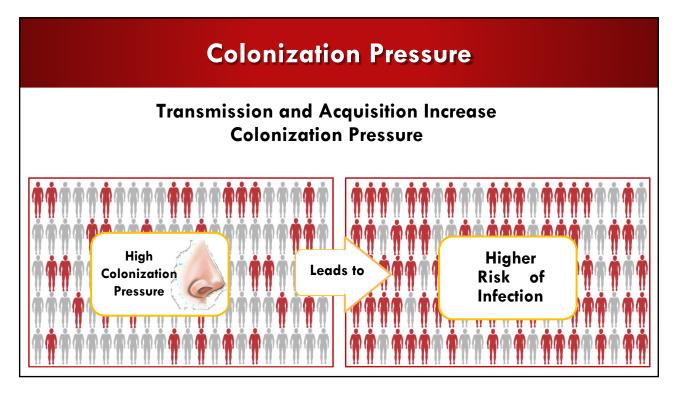


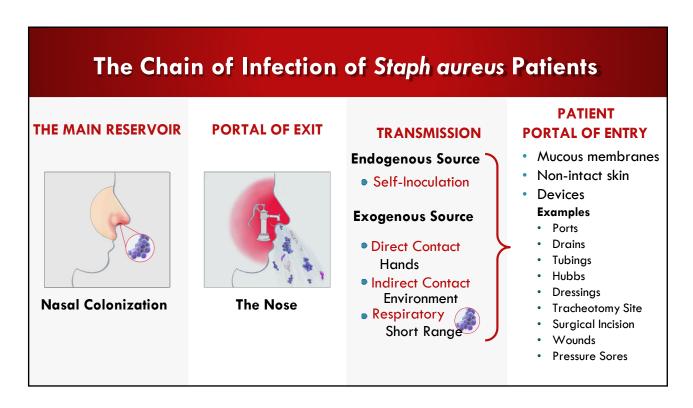


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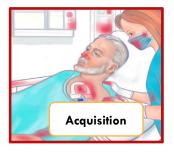
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Transmission to Other Patients - Acquisition

- Transmission responsible for 60% of MRSA infections in the ICU and 40% in non-ICU Units1
- 15 25% of carriers develop MRSA infection during hospitalization or within 18 months²







¹Jain et al, N Engl J Med 2011; 364:1419-1430

² Huang SS et al. PloS ONE. 2011;6(9):e24340

Transmission - Environment to New Patient Acquisition

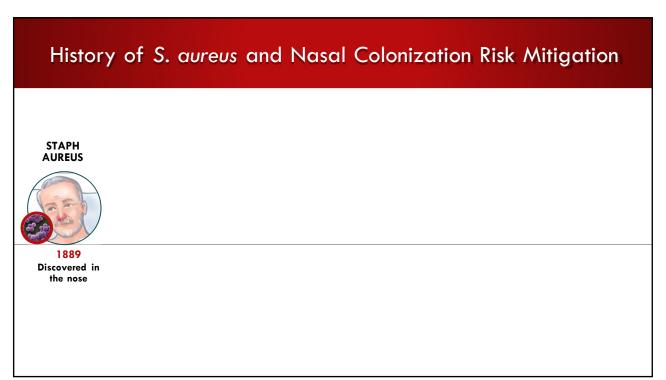
⁵ Carling ⁶ ICHE P.AJIC. 2013; 14: S20-S25 2014;35(7):872-875

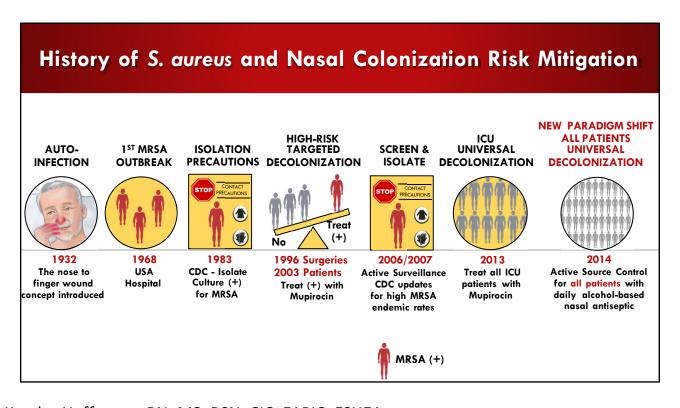
- Within a few hours, the patient's bedside environment becomes contaminated after admission, and the whole room becomes contaminated within 24 hours.
- **39%** increased risk of becoming colonized or infected with prior room occupancy of a patient colonized or infected with MRSA.^{2,3,4,5}
- Colonized MRSA/VRE patients' rooms are contaminated more frequently than by infected patients (p=.033).
- 7 days to 5 years survival times of S. aureus in dry, inanimate surfaces 7
- ~68% of surfaces are NOT disinfected by routine daily cleaning or terminal cleaning.

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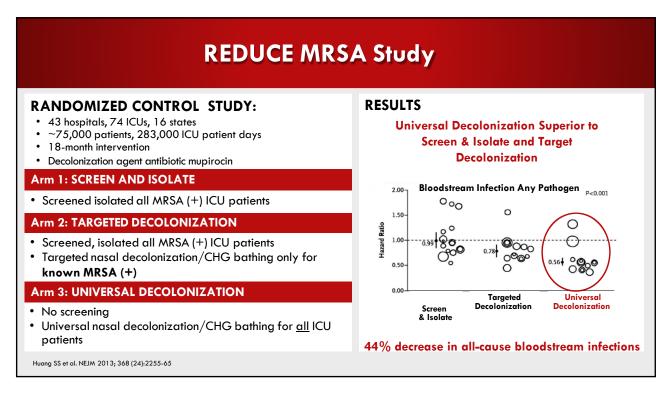
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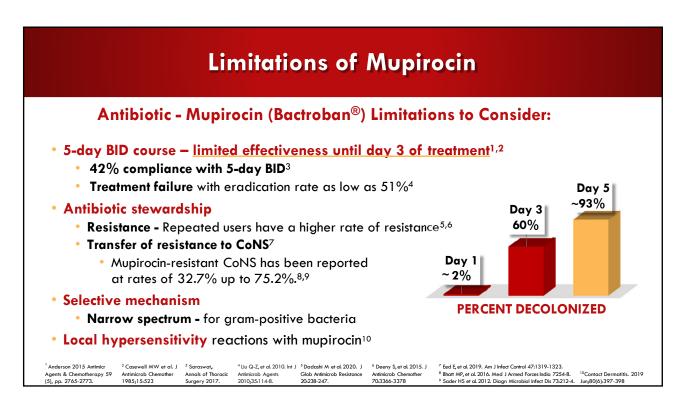




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Nasal Decolonization Agents					
Benefits	Alcohol-based antiseptic	Antibiotic prophylactic (mupirocin)	Povidone iodine antiseptic		
Effective for gram (+) and (-)	✓	×	√		
Non-antibioticno reported resistance	✓	×	✓		
99% reduction within the first minute	✓	×	✓		
Suitable for daily use	✓	×	×		
Compliance assurance – easy and pleasant to use	✓	×	×		

GRAM-POSITIVE MICROORGAN			GRAM-NEGAT MICROORG		
Challenge Microorganism	Exposure Time in Seconds	Percent Reduction	Challenge Microorganism	Exposure Time in Seconds	Percent Reduction
Enterococcus faecalis ¹	15	99.99	Acinetobacter baumannii	15	99.99
Mycobacterium smegmatis ²	60	99.99	Enterobacter aerogenes ¹	30	99.99
Staphylococcus aureus MRSA ²	60	99.99	Escherichia coli	15	99.99
Staphylococcus aureus MSSA ²	15	99.99	Haemophilus influenzae ²	60	99.99
Staphylococcus epidermidis ¹	30	99.99	Klebsiella aerogenes	30	99.99
Streptococcus pneumoniae ²	60	99.99	Klebsiella pneumoniae	30	99.99
Streptococcus pyogenes ²	60	99.99	Proteus mirabilis	30	99.99
Candida albicans	15	99.99	Pseudomonas aeruginosa	15	99.99
Candida auris ¹	60	99.99			

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Why Universal Nasal Decolonization for Every Inpatient?

Radically new definition of how to leverage the power of nasal decolonization to protect patients better, reduce cost and improve throughput

Definition

Decolonize every patient daily for length of stay with an alcohol-based nasal antiseptic.

Objective

Source control. Decolonization controls the reservoir, decreases the risk of endogenous infection in carriers, helps prevent transmission between patients, and reduces the incidence of HAIs.

What is the Paradigm Shift?

Radically new definition of how to leverage the power of nasal decolonization to protect patients better, reduce cost and improve throughput

Historical and Current
Screen and Isolate
Targeted Pre-op and/or ICU
"High-risk" patients
No Risk Mitigation

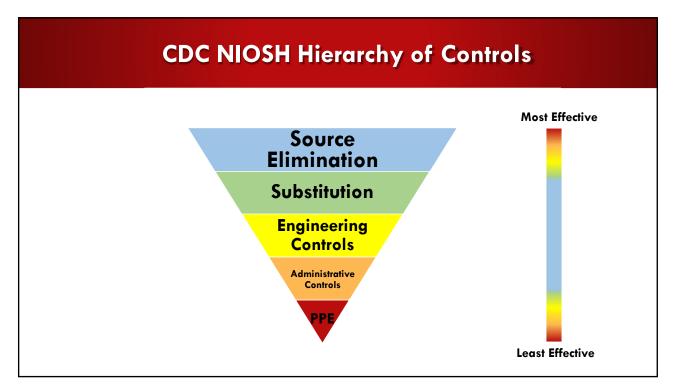


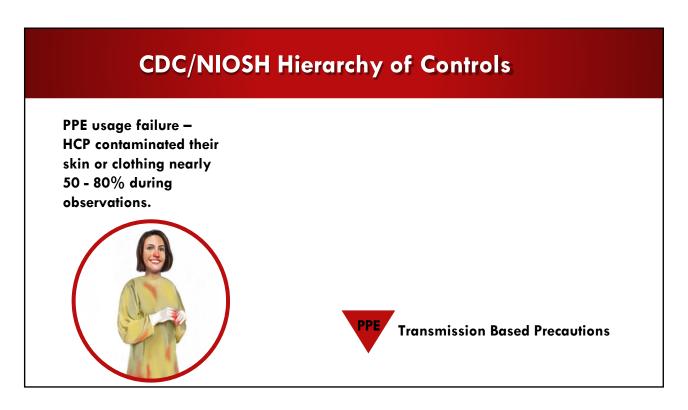
Destination
Universal Pre-Op
Universal ICU
Universal non-ICU
Protect ALL Patients

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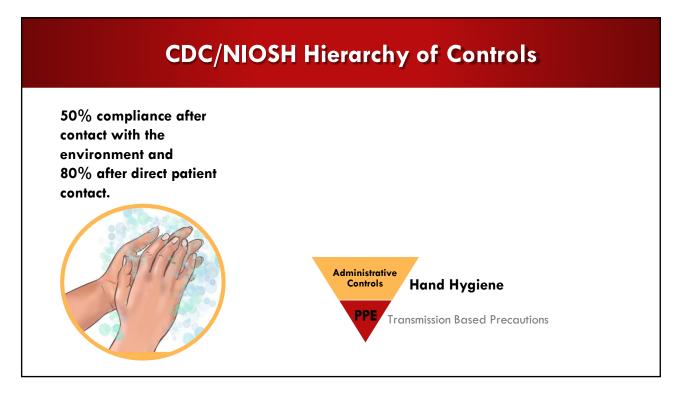


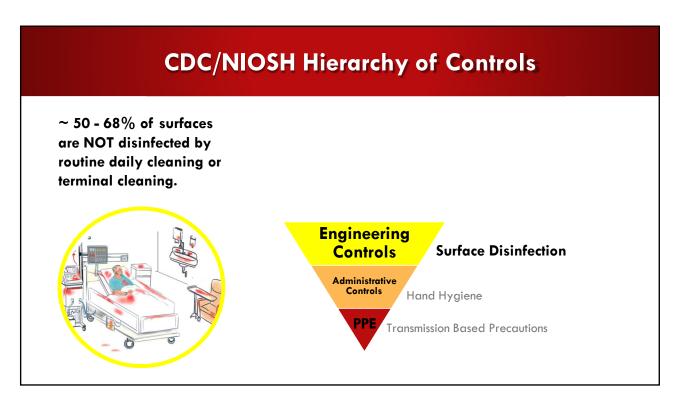


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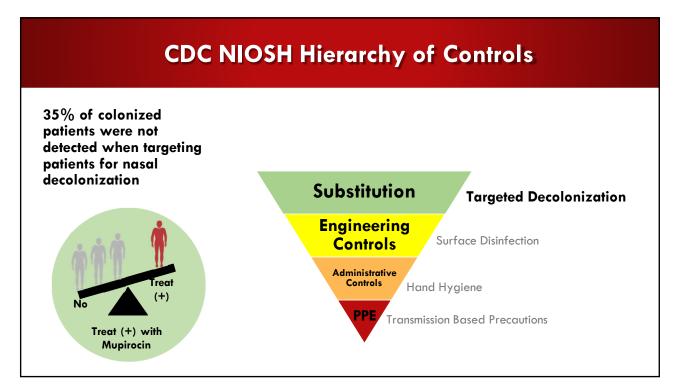


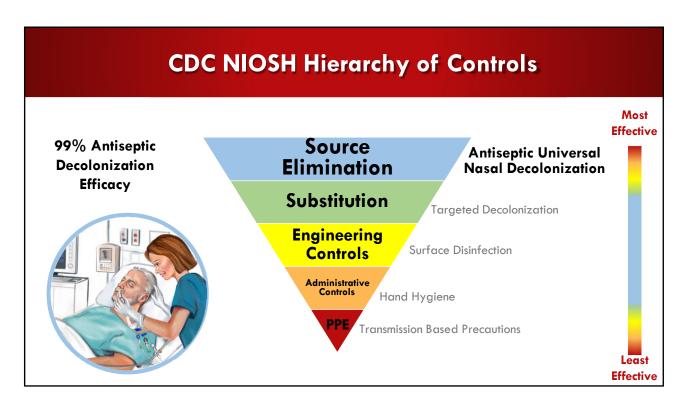


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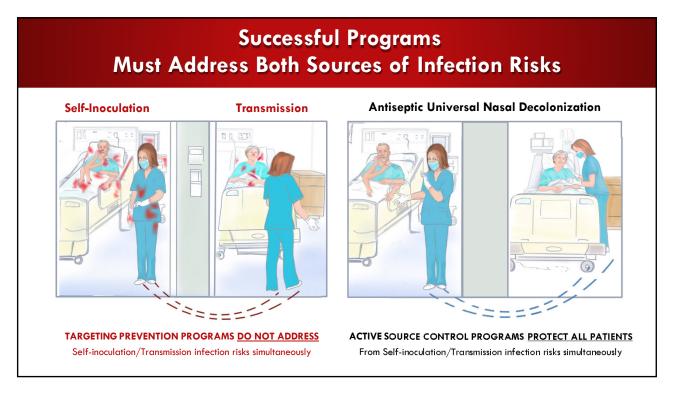
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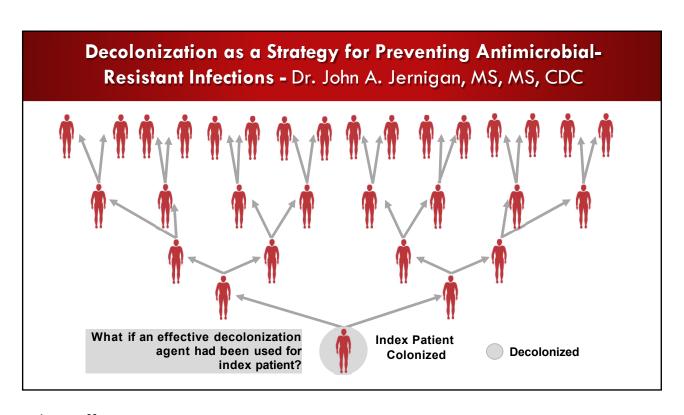




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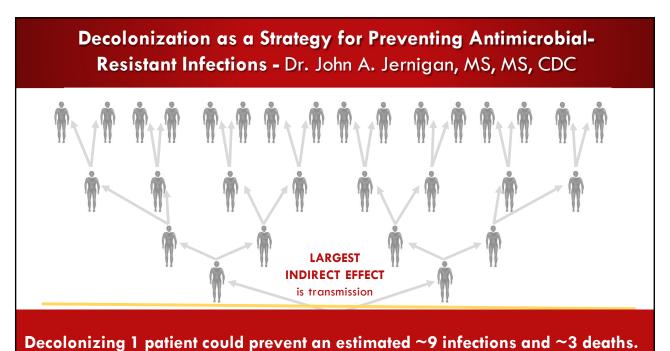




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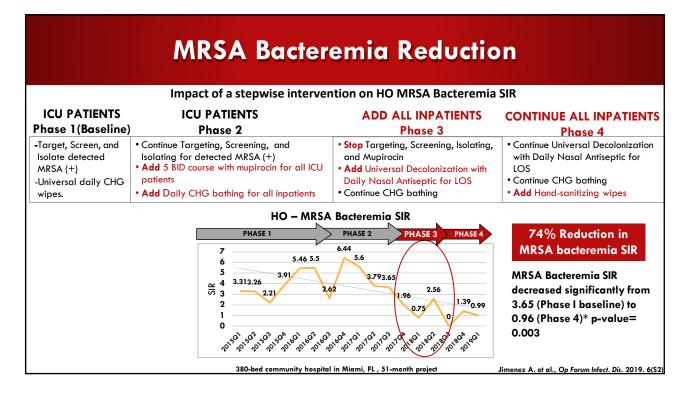


Clinical Evidence Active Source Control Strategy

Daily Universal Nasal Antiseptic Decolonization

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AUTHOR	BASEL Nasal Product	INE CHG	INTERVENTION	PATIENT POPULATION	OUTCOME Infection Reduction
Arden, 2019 Open Forum Infec. Dis	none	ø	Universal Decolonization Program with Daily Alcohol Nasal Antiseptic	All Inpatients	100% MRSA Bacteremia (2.14 to 0)
Reeves, 2020 ICHE	none	Ø	Universal Decolonization Program with Daily Alcohol Nasal Antiseptic	All ICU Patients	100% MRSA Bacteremia

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	E		of Decolonization Itric Critical Care P		
AUTHOR	BASE Nasal Product	CHG	INTERVENTION	PATIENT POPULATION	OUTCOME Infection Reduction
Schroeder, 2023		$\sqrt{}$	> 2 years Daily Alcohol Nasal Antiseptic <2 years Mupirocin 5 BID	Cardiac Intensive Care Unit (CICU)	86% 1.60 to 0.22 HO MRSA rates 100% 0.53 to 0.00 MRSA Bacteremia
APIC Orlando	APIC none		Nasal Decolonization Program with Mupirocin 5 BID	Neonatal Intensive Care Unit (NICU)	46% 1.28 to 0.69 HO MRSA rates 100% 0.35 to 0.00 MRSA Bacteremia
*Pediatric		_	all patients 100% reduction in ca		

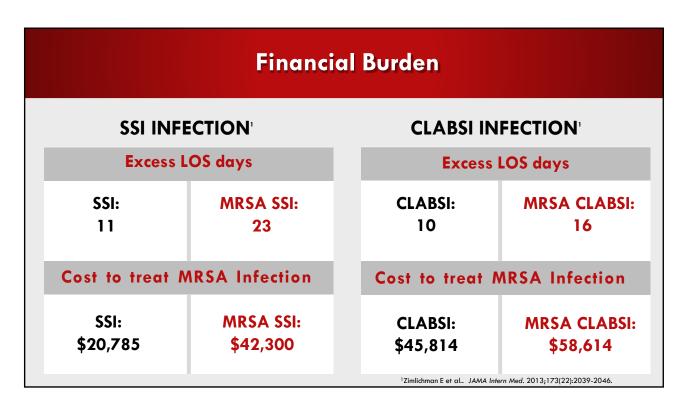
SSI Reduction						
AUTHOR	BAS Nasal Product	ELINE CHG	INTERVENTION	PATIENT POPULATION	OUTCOME Infection Reduction	
Bostian, 2018 AAOS	none	V	Pre-Op and Post-Op Daily Alcohol Nasal Antiseptic	All Total Joint Arthroplasty Patients	79% All cause SSI total joints (1.5 to .34)	
Franklin, 2020 AJIC	none	$\sqrt{}$	Pre-Op and Post-Op Daily Alcohol Nasal Antiseptic	All Total Joint Arthroplasty Patients	100% All-cause SSI total joints (Hip .91 to 0) (Knee .36 to 0)	
Gnass, 2020 Open Forum Infec. Dis	Povidone- Iodine	$\sqrt{}$	Pre-Op and Post-Op Daily Alcohol Nasal Antiseptic Voluntary Staff Use	All Surgical Patients	63% (2.27 to .80) All-cause SSI	
Arden, 2019 Open Forum Infec. Dis	Mupirocin	$\sqrt{}$	Pre-Op and Post-Op Daily Alcohol Nasal Antiseptic	All Inpatients	100% (.069 to 0) All-cause SSI	

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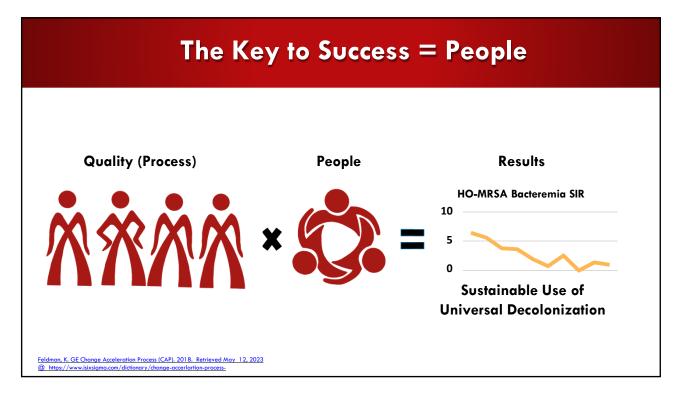
AORN eGUIDELINES+ EAORN Updated AORN Guidelines on Preoperative Skin Antisepsis (2021) Highlights on recommendations for nasal decolonization: eGUIDELINES+ **Universal Decolonization** Antiseptic **Post-Op Decolonization** Section 1.2.1 Section 1.3.1 Section 1.4 Universal decolonization (vs. targeted) An alternative to mupirocin is the Postop decolonization: Surgical patients may benefit from relatively short-term resulted in greater efficiency and use of an antiseptic (including an decolonization or until the surgical lower cost due to SSIs prevented. alcohol-based antiseptic)

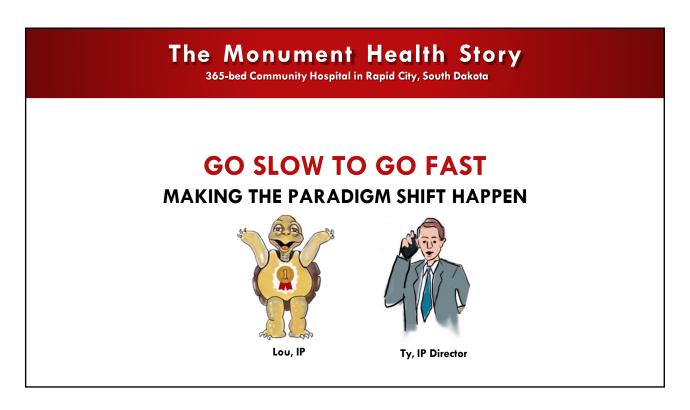
incision has healed



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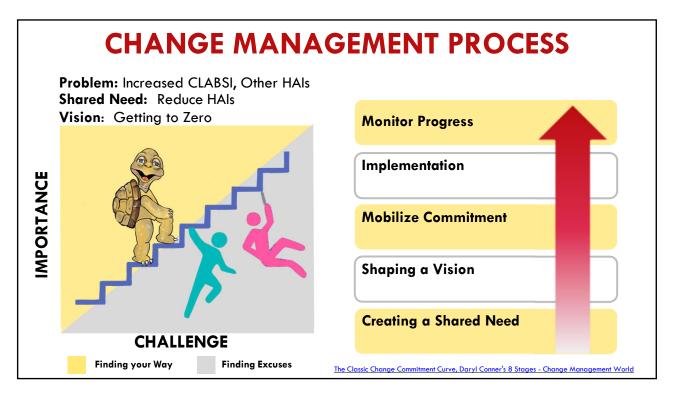




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The Monument Health Story Creating a Shared need — Shaping a vision						
Colonization Risk	Baseline Estimates	Post-Implementation Estimates				
Total MRSA Colonized Patients	2,233	~0				
Total MSSA Colonized Patients	5,855	~0				
Total MRSA & MSSA Colonized Patients	8,088	~0				
Total MRSA & MSSA Colonized Patients Days	29,938	~0				
Hospital Staff in Contact with an MRSA & MSSA Colonized Patient	2,658,494	~0				
Patients at Elevated Risk of MRSA Infection-related Readmission	2,233	~0				

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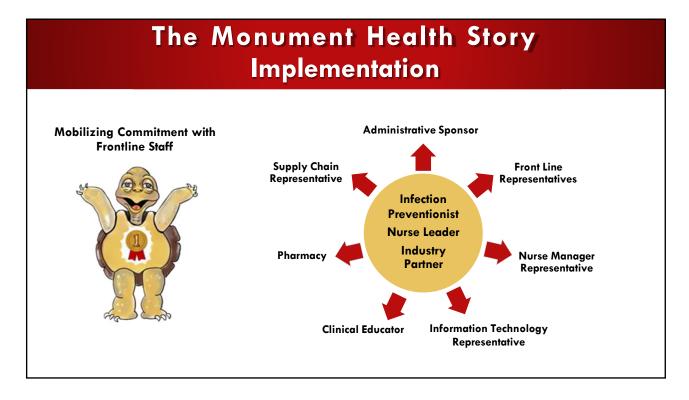
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The Monument Health Story Mobilize Commitment



OBJECTIVE:

- Team of committed supporters Co-champions, Stakeholders
 - IP
 - Pharmacy
 - Medical Staff
 - CNO
 - C-Suite
 - Frontline Staff
- Identification of potential resistance
- Conversion of key influencers



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The Monument Health Story Monitoring — Nasal Decolonization Process

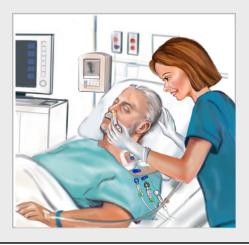




- Monitor the MAR/EMR documentation
- Communicate compliance findings to managers and frontline staff
- Address barriers
 - Product availability
 - Non-compliance
 - New staff education

Nasal Decolonization Patient Experience

IMPROVEMENT IN PATIENT AND STAFF SATISFACTION

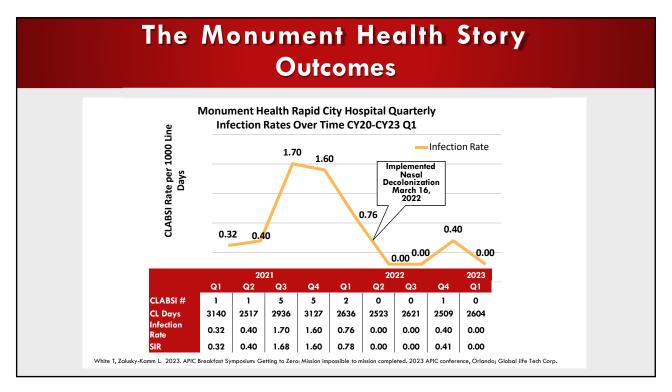


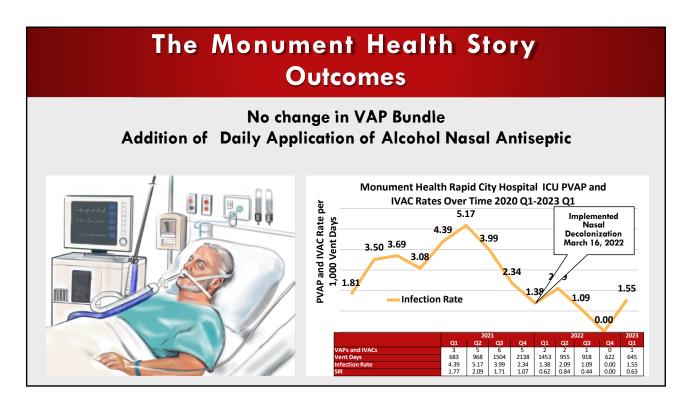
Monument Health

- >90% Compliance
- Discontinued Screen and Isolate
- Product Acceptance
- Shorter Stays
- Improved Patient Safety/ Reduced HAIS

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The Monument Health Story Outcomes

Monument Health ~Cost of CLABSI and VAP Pre versus Post-Implementation

Туре	Avg cost/	12 month - Pre Implementation		tion Implementation % ~Total E		~Total Estimated Treatment Cost	
of Infection	infection*	No. of HAIs	~Cost of HAI	No. of HAIs	~Cost of HAI	Reduction	Reduction
CLABSI	\$48,108	13	\$625,404	1	\$48,108	92%	\$577,296
VAP	\$47,237	9	\$425,133	1	\$ 47,237	89%	\$377,896

White T, Zalusky-Kamm L. 2023. APIC Breakfast Symposium: Getting to Zero: Mission impossible to mission completed. 2023 APIC conference, Orlando; Global life Tech Corp.

Results | Agency for Healthcare Research and Quality (ahrq.gov)

The Monument Health Story Outcomes

Monument Health Potential Gained Revenue through Excess LOS Days Avoided

Туре	Avg excess						%	Potential Gained Revenue
of Infection	LOS for 1 infection	No. of HAIs	Excess LOS	No. of HAIs	Excess LOS	Reduction	through Excess LOS Days Avoided ³	
CLABSI ¹	11.4	13	148	1	11.4	92%	\$675,000	
VAP ²	7	9	63	1	7	89%	\$277,500	

¹ Stewart S, et al. Impact of healthcare-associated infection on length of stay. J Hosp Infect. 2021 Aug; 114:23-31.

² Lim WS. Pneumonia—Overview. Encyclopedia of Respiratory Medicine. 2022:185–97.

 $^{^3}$ Excess LOS avoided x census x $^{\,}$ net revenue per patient day. Based on publicly available information: \$7,500.

^{4.} White T, Zalusky-Kamm L. 2023. APIC Breakfast Symposium: Getting to Zero: Mission impossible to mission completed. 2023 APIC conference, Orlando; Global life Tech Corp.

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Monument Health Story

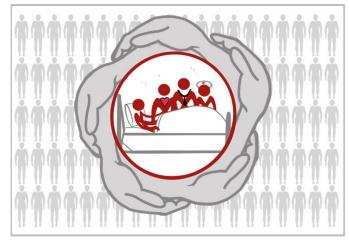
365-bed (39 Adult ICUs)Community Hospital in Rapid City, South Dakota

Actual Cost and Revenue Impac	t
12 CLABSI infections avoided (\$48,108 each est.)	\$577,296
8 VAP infections avoided (\$47,237 each est.)	\$377,896
70 estimated avoided MRSA-related readmissions (under 90 days, \$12,000 each est.)	\$876,000
Total Avoidable Treatment Cost (est.)	\$1,831,792
Product Cost (est.)	- \$465,964
Potential Overall Savings (est.)	\$1,365,828
Potential Gained Revenue through 211 Excess LOS Days Avoided	\$952,500
Stewart S, et al. Impact of healthcare-associated infection on length of stay. J Hosp Infect. 2021 Aug; 114:23-31.	

- ² Lim WS. Pneumonia—Overview. Encyclopedia of Respiratory Medicine. 2022:185–97.
- ³ Excess LOS avoided x census x net revenue per patient day. Based on publicly available information: \$7,500.
- 4. White T, Zalusky-Kamm L. 2023. APIC Breakfast Symposium: Getting to Zero: Mission impossible to mission completed. 2023 APIC conference, Orlando; Global life Tech Corp.

Paradigm Shift — Protect All Patients

PROTECT ALL PATIENTS



Active Source Control Strategy

Mitigate the risk
of colonization
through
UNIVERSAL
NASAL
DECOLONIZATION

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Implement a Universal Colonization Risk Mitigation Program

- Improve HAI patient outcomes largest impact on HAI/MRSA infections and readmissions of any single program intervention.
- Cost-effective- No capital investment; potentially reduce CMS penalties associated with HACs and excess readmissions.
- Supports operational efficiency- Low impact on staff Improves throughput and easy to deploy and scale
- Safe and well tolerated- Improve the quality of patient care and satisfaction; avoids antibiotic resistance

Questions?

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Resources for Staphylococcal Decolonization

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Studies

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